

# Telbolife ACH Tablet

**Brand Name:** Telbolife ACH Tablet

**Dosage Form:** Tablet

**Therapeutic Category:** Antihypertensive Combination

**Composition:**

Each uncoated tablet contains:

- **Telmisartan I.P.** – 40 mg
- **Amlodipine Besylate I.P.** – 5 mg
- **Chlorthalidone I.P.** – 12.5 mg

**Description:**

**Telbolife ACH Tablet** is a fixed-dose combination of **Telmisartan**, **Amlodipine**, and **Chlorthalidone**, used for effective management of **hypertension**.

- **Telmisartan:** An **angiotensin II receptor blocker (ARB)** that works by blocking the effects of angiotensin II, relaxing blood vessels, and reducing blood pressure.
- **Amlodipine:** A **calcium channel blocker (CCB)** that dilates blood vessels, thus lowering blood pressure and improving blood flow.
- **Chlorthalidone:** A **thiazide-like diuretic** that helps eliminate excess sodium and water, further assisting in lowering blood pressure.

**Indications:**

- **Hypertension:** Treatment of **essential hypertension** in adults.
- **Cardiovascular protection:** Helps in reducing the risk of **stroke**, **heart failure**, and other cardiovascular complications.

**Dosage and Administration:**

- **Recommended Dose:** 1 tablet once daily.
- **Administration:** The tablet can be taken with or without food. It is advised to take it at the same time each day for optimal effect.
- **Dose Adjustment:** Based on the individual patient's response and tolerability, dose adjustments can be made.

**Contraindications:**

- Known hypersensitivity to any component of the formulation.
- **Severe renal impairment** or **anuria**.
- **Pregnancy** and **breastfeeding**.
- **Hypersensitivity** to sulfonamide-derived drugs (due to Chlorthalidone).

**Precautions:**

- **Renal Impairment:** Regular monitoring of renal function in patients with kidney disease is recommended.
- **Electrolyte Imbalance:** Close monitoring of **potassium** and **sodium** levels due to the diuretic effect of **Chlorthalidone**.
- **Hypotension:** Caution in patients with volume depletion or those who are salt-depleted.
- **Liver Disease:** Use with caution in patients with liver dysfunction; monitor liver enzymes as needed.

#### Adverse Effects:

- **Common:** Dizziness, headache, swelling (edema), palpitations, and flushing.
- **Serious: Renal dysfunction, electrolyte disturbances** (especially potassium levels), and **hypotension**.
- **Other:** Rash, fatigue, and gastrointestinal disturbances.

#### Storage:

- Store below **25°C** in a cool, dry place.
- Keep away from moisture and direct sunlight.
- Keep out of the reach of children.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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